

Download Free The Hygge Holiday The Warmest Funniest Cosiest Romantic Comedy Of The Year

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Join the happiness revolution! The author of the New York Times bestseller *The Little Book of Hygge* offers more inspiration and suggestions for achieving greater happiness, by practicing Lykke (LOO-ka)—pursuing and finding the good that exists in the world around us every day. While the Danes are the happiest people on the planet, happiness isn't exclusively Danish; cultures around the world have their own unique approaches to leading a contented, fulfilled life. For his work at the Happiness Research Institute in Copenhagen, Meik Wiking travels the globe from Dubai to Finland, Rio de Janeiro to Bhutan, South Korea to the United States, to discover the secrets of the very happiest people. In *The Little Book of Lykke*, Meik identifies the six factors that explain the majority of differences in happiness across the world—togetherness, money, health, freedom, trust, and kindness—and explores what actions we can take to become happier. As he reveals, we can deepen our blissfulness and contentment with little adjustments in our behavior, whether it's eating like the French (sitting around a table and savoring our time) or dancing the tango like Argentinians in Buenos Aires. With his trademark warmth and wit, Meik explores the happiness gap for parents, how much money you really need to buy happiness, how we can be healthier without having to go to the gym, how we can learn to build trust and

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collaboration, how we can help ourselves by helping others, and why our expectations often outweigh our reality. Weaving together original research and personal anecdotes, *The Little Book of Lykke* is a global roadmap for joy that offers a new approach to achieving everyday happiness that not only improve our own lives, but help us build better communities and a better world.

Short-listed for Best Contemporary Romance at the Romantic Novelists' Association Romance of the Year Awards 2019 Welcome to the little cafe in Copenhagen where the smell of cinnamon fills the air, the hot chocolate is as smooth as silk and romance is just around the corner...

He never meant to stay. He certainly never meant to fall in love...

Banish winter blues and embrace the frosty months by cosying up with Emma Mitchell's nature-inspired collection of crafts. From delicate silver jewellery, paper-craft decorations and crocheted mittens, to foraged infusions, delicious recipes and nature diaries, *Making Winter* is filled with projects designed to fend off dreariness in the winter months. Step-by-step instructions and beautiful photographs, shot at Emma's cottage in the Fens, take you through each project, so that even beginners can enjoy the mood-boosting benefits of a craft-filled winter and snuggle down in their own cosy paradise.

The wildly popular phenomenon of hygge gets a warm American twist with this gifty, illustrated guide from bestselling Danish-American author Stephanie Pedersen. With their overscheduled lifestyles, Americans

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can't always find time for the people and things they love. Enter American Cozy, which uses the Danish phenomenon of hygge--comfort, togetherness, and well-being--to bring coziness and ease to readers' homes, work, and lives. Filled with charming four-color illustrations, it explores organization and home décor, entertaining, cooking, creating a happier, more productive work life, de-cluttering, and slowing down. THE INTERNATIONAL, NEW YORK TIMES AND SUNDAY TIMES BESTSELLER, WITH OVER A MILLION COPIES SOLD WORLDWIDE Guaranteed to bring warmth and comfort into your life, The Little Book of Hygge is the book we all need. Denmark has an international reputation for being one of the happiest nations in the world, and hygge is widely recognised to be the magic ingredient. Hooga? Hhyooguh? Heurgh? It is not really important how you pronounce or even spell it. What is important is that you feel it. Whether you're cuddled up on a sofa with a loved one, or sharing comfort food with your closest friends, hygge is about creating an atmosphere where we can let your guard down. The definitive, must-read introduction to Hygge, written by Meik Wiking, CEO of the Happiness Research Institute, this book is packed full of original research, recipes and ideas to help you add a touch of hygge to your life. 'The best qualified author . . . cosy and engaging' Sunday Express 'Infectiously positive . . . the best beginner's guide' Mail on Sunday 'This book explains everything you need to know about the Danish art of living well' Metro

From blogger, recipe developer, and photographer

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Adrianna Adarme comes a beautiful book of advice for simplifying, beautifying, and living a more thoughtful life. Organized by the months of the year, and by categories such as "Live," "Do," and "Make," Adarme shares ideas for activities, recipes, and projects that make the little moments in life just as exciting as the big. Like her blog, A Cozy Kitchen, The Year of Cozy features warm and comforting photos and cozy inspiration. Adarme gives us special (but totally doable) things we can do for others and ourselves. From recipes to DIY crafts, Adarme focuses on easy, inexpensive undertakings that have a big reward: happiness. The best moments in life don't require stuff, they just require intention. Adarme's clear and easy-to-follow instructions and recipes will excite and motivate you to march into your kitchen and craft closet to make something you can be proud of.

Written by positivity blogger Dani DiPirro, whose life transformed when she decided to focus on living a more positive and present life, this inspirational new two-colour book expands on Dani's highly popular "Positively Present" blog entries, providing specific, action-oriented advice for embracing positive thinking in everyday life in order to: create a nurturing home, build a fulfilling career, develop great relationships, appreciate true love and embrace change. Central to the book's appeal are 30 practical activities relating to the key themes of home, work, friendship, love and change, which form the five main chapters in the book. Alongside motivating lists and special features such a list of "Positivity Principles" and suggestions of "52 Ways to Live in the Moment", the activities provide a "positivity program" that can be done

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in sequence or on a dip-in basis to help readers achieve an all-round happier, more fulfilled life.

A hilarious and heart-warming novel about Christmas, catastrophes and cooking, containing exclusive Christmas recipes, from the talented Rosie Blake. **How to Stuff Up Christmas includes 14 fabulous, tasty Christmas recipes throughout** 'Tis the season to be jolly. Unless you've found an intimate picture of another woman on your fiance's phone... Eve is heartbroken after discovering her fiance is cheating on her. Being surrounded by the joys of Christmas is more than Eve can bear, so she chooses to avoid the festivities by spending Christmas alone on a houseboat in Pangbourne. Eve gets gets an unexpected seasonal surprise when handsome local vet Greg comes to her rescue one day, and continues to visit Eve's boat on a mission to transform her from Kitchen Disaster Zone to Culinary Queen. But where does Greg keep disappearing to? What does Eve's best friend Daisy know that she isn't telling? And why is there an angry goose stalking Eve's boat?

What is the most HYGGE holiday? Right!

Christmas!Hygge is a Danish and Norwegian word which can be described as a quality of cosiness and comfortable conviviality that engenders a feeling of contentment or well-being (wikipedia). This book will put you in cozy Christmas relaxing atmosphere, where the blankets are warm, tea is hot, Christmas tree is flickering and sofa is so soft and cozy... And a lot of tiny nice details will help you to discover you creativity and every page will make your day a bit better. Grab your pencils

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and cup of hot chocolate and LET'S HYGGE with 20 original Christmas illustrations!

The perfect recipe for hygge: make a hot chocolate, draw the curtains, snuggle under a blanket and read your way to happiness! It's autumn in Yulethorpe and everyone is gloomy. It's cold, drizzly and the skies are permagrey. The last shop on the high street - an adorable little toy shop - has just shut its doors. Everything is going wrong for Yulethorpe this autumn. Until Clara Kristensen arrives. Clara is on holiday but she can see the potential in the pretty town, so she rolls up her sleeves and sets to work. Things are looking up until Joe comes to Yulethorpe to find out exactly what is going on with his mother's shop. Joe is Very Busy and Important in the City and very sure that Clara is up to no good. Surely no one would work this hard just for the fun of it? Can a man who answers emails at 3 a. m. learn to appreciate the slower, happier, hygge things in life - naps, candles, good friends and maybe even falling in love? Rosie Blake is Brilliantly fun - Heat Just brilliant - Fabulous magazine Hilarious - Hello **** Reviewers love The Hygge Holiday 'Feel-good fiction at its absolute finest' - Isabelle Broom, Heat 'The most gorgeous read' - Sun 'What a wonderful book! Rosie Blake's best novel yet - I had such a gorgeous time reading this story that I couldn't put it down. It was genuinely funny, warm-hearted, and full of unforgettable characters. A pure heartwarming pleasure of a read.' - bestselling author Kirsty Greenwood Light the scented candles and hunker down on the sofa with a hot choc... this funny, warm hug of a book is the ideal companion. - Fabulous magazine

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'The Hygge Holiday is hilarious, cosy, heart-warming, fulfilling; pretty much everything you would want from a book... An absolutely phenomenal tale from the incredibly talented Rosie Blake... Be prepared to devour The Hygge Holiday in one sitting. Be prepared to love this book, because yes, it truly is THAT fabulous. Five stars for sure.' - The Writing Garnet 'I loved it' - Heidi Swain, author of Mince Pies and Mistletoe at the Christmas Market

New York Times Real Estate columnists and home experts Ronda Kaysen and Michelle Higgins share their insider knowledge in this essential, all-in-one resource for how to buy, decorate, organize and maintain your space. Whether you are shopping for a first home, renting a new apartment or are searching for smart and affordable ways to redecorate or reorganize, Right at Home is the book for you. Kaysen and Higgins have spent more than two decades interviewing experts and demystifying all aspects of home buying and care. This guide, drawn from their work, will be with you at every turn, whether you're unpacking the kitchen for the first time, moving in with your significant other, or figuring out what to do with all those baby bottles and sippy cups now that the last child is out of diapers and the cabinets are bursting. Including pro tips from experts such as Marie Kondo, Bunny Williams and Justina Blakeney, and a removable annual home maintenance checklist, Right at Home is the indispensable guide that you will return to again and again.

Color your way to hygge - the art of living simply. Hygge, a Danish term that most nearly means "cozy," describes

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a lifestyle and aesthetic focused on appreciating simple comforts, such as a warm cup of tea in front of a blazing fire or a loaf of homemade bread shared among friends. This coloring book filled with hygge images - woolen socks, glowing candles, comfy furniture, and steaming mugs of tea - is designed to inspire a sense of gratitude and calm.

For readers everywhere who are embracing the Danish art of hygge – the first warm, wise and romantic hygge novel! The perfect feel-good novel to curl up with - light some candles, wrap yourself in a blanket and relax ...

Bo, 26, has always been careful, cautious. However, she's just been made redundant and her life plan is beginning to unravel. Before she starts immediately applying for other jobs in a panic, her friend Kirsten persuades her to take a holiday, to visit Kirsten's mother's house in Aalborg, North Jutland, a part of Denmark Bo is ashamed to admit she has never heard of. 'What's the weather going to be like?' she asks Kirsten hopefully, scrolling her cursor over the budget airlines webpage. 'Terrible,' Kirsten replies, 'London is positively Mediterranean by comparison, and of course it's November so it'll be dark seventeen hours a day. But no one goes to Denmark to get a tan. You need a change of scene and to blow away the cobwebs, and trust me, Skagen will do that. Besides, the summerhouse is cosy whatever the weather, and you never know who else will be around.' A few clicks later and there is no going back. And Bo's life plan is about to be entirely rewritten.

Specific activities are designed to encourage you to

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cultivate togetherness and joy at the smallest and simplest things in everyday life. This book provides an in-depth explanation of the hygge lifestyle, as well as numerous bits of practical advice on how to practice hygge every day.

Hygge Is Not About Candles You can feel hygge without candles, woolen socks or a fireplace. It's about something more. "By embracing hygge, you can make every moment in life meaningful and learn how to best take care of yourself." Danes are not happy because they wear loose clothes. There's more to it. You know it. If scented candles made people happy, nobody today would be depressed. I want to show you, what it is actually about. "Hygge is the embodiment of that feeling you experience around Christmas time when everything has a sense of a magical glow around it and when everyone you love is around." I'm sure you have experienced that feeling. It feels wonderful. Love is in the air. Everybody is enjoying their time. Your family is together, united. What if you could maintain that feeling all year round? "Hygge is applied all throughout the year, and not just during Christmas time." Sounds wonderful, right? Would you like to know how to achieve it? Let me show you what's in this book: 7 simple rules that are essential to experience hygge Why it doesn't matter how many candles you have 7 timeless principles Danes live by to stay happy and fulfilled in their relationships An ancient Jewish concept that will help you find more peace and silence The most common mistake that kills hygge instantly and how to avoid it A simple action you can take to experience hygge wherever you are A

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forgotten family activity that will bring your loved ones together And much more... I'm sure you already know something about hygge. Otherwise you wouldn't be here. You read some blogs, maybe you even bought some books. But your life didn't change. I want to change that. This book is designed to change your life. It explains what actually makes Danes happy. The essence of their happiness. The art of hygge. It will help you feel more peace and joy in your life. It works for them. Why wouldn't it for you. Please value your time If you want to experience more hygge in your life, more peace, more connection to your family, and less stress in your day to day life, please don't wait. Every second of your time is precious and should be spent living hygge. Click the BUY NOW button right now to discover what you've been missing out on the entire time.

Hygge is a word that has been sifted to the surface in recent years but it's not a new concept. The Danes have enjoyed hygge for hundreds of years. They are measured as one of the happiest nations in the world. But at the heart of Danish life and at the core of hygge, is a quality that is less easy to quantify contentment. In Denmark, hygge is a significant presence in the backdrop of everyday life something habitual and ritualistic. Hygge is a quality of presence, a feeling of togetherness, an experience of shelter and wellbeing. It's a practical, easy antidote to consumerism, a way of belonging to the moment and to each other. There's no secret formula or single recipe but there are simple ways to invite more hygge into our lives. This book is an introduction to hygge, a careful look at the way of life that

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underpins it and a comprehensive guide to all the elements that can come together to evoke it.

AN INSTANT #1 NEW YORK TIMES BESTSELLER

From New York Times bestselling author and beloved

Today show co-host Hoda Kotb comes an inspiring

collection of quotes that offer wisdom, courage, and

hope—the perfect gift for Mother's Day! Several years

ago, Today show co-host Hoda Kotb began posting a

variety of quotes on her Instagram page. Some were

penned by a favorite writer; others offered a dose of love

or laughter. She thought the quotes were meaningful

only to her, but soon a funny thing started

happening—reactions poured in from thousands of people

who were just as moved. The quotes weren't only

providing inspiration to Hoda, they were comforting and

connecting people. So many of their comments read, “I

really needed this today,” a phrase that inspired the

book's title. In *I Really Needed This Today*, Hoda not

only shares 365 sayings and quotes, she writes about

the people and experiences that have pushed her to

challenge boundaries, embrace change, and explore

relationships to their fullest. Written with her signature wit

and warmth, this book is the ideal companion to tuck

beside your bed or to bring with you on-the-go to keep

you motivated, recharged, and inspired each day.

‘Up there with the best of them...A big, fat five stars from

me’ Sue Moorcroft ‘An irresistible slice of escapism’

Phillipa Ashley

From the cofounders of the popular design company.

“Inside the must-read, the duo takes us inside 20 homes

that embody the hygge way of life.” —Architectural Digest

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Tastemakers Christiana and Aimee of Hygge & West know that the key to making a house into a home is in the decoration—whether that means embracing natural elements, creating cozy spaces, making room for family, or finding your own personal charm in every space. Hygge & West Home offers a look into twenty covetable homes designed to promote feelings of coziness, companionship, and comfort, from an intimate apartment in San Francisco to a log cabin in Wyoming, a family home in Minneapolis, and a colorful oasis in Brooklyn. With page after page of aspirational interiors, engaging interviews with home owners, and tips on creating similar feelings in any space, this eye-catching book explores what makes a house a truly personal space and offers readers the tools and inspiration to make their home their own. “Christiana Coop and Aimee Lagos, creators of Hygge & West designs, know how to make the home a retreat, a soft and charming space that really embraces hygge, the Danish design term for a cozy, sweet environment.” —Unique Homes “A must-have resource if you are interested in design and interiors.” —Coral & Tusk

For fans of *The War That Saved My Life* and other World War II fiction, *A Place to Hang the Moon* is the tale of three orphaned siblings who are evacuated from London to live in the countryside with the secret hope of finding a permanent family. It is 1940 and William, 12, Edmund, 11, and Anna, 9, aren't terribly upset by the death of the not-so-grandmotherly grandmother who has taken care of them since their parents died. But the children do need a guardian, and in the dark days of World War II

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London, those are in short supply, especially if they hope to stay together. Could the mass wartime evacuation of children from London to the countryside be the answer? It's a preposterous plan, but off they go-- keeping their predicament a secret, and hoping to be placed in a temporary home that ends up lasting forever. Moving from one billet to another, the children suffer the cruel trickery of foster brothers, the cold realities of outdoor toilets and the hollowness of empty stomachs. They find comfort in the village lending library, whose kind librarian, Nora Müller, seems an excellent choice of billet, except that her German husband's whereabouts are currently unknown, and some of the villagers consider her unsuitable. *A Place to Hang the Moon* is a story about the dire importance of family: the one you're given, and the one you choose. A Junior Library Guild Gold Standard Selection

Christmas has arrived in the town of Wynbridge and it promises mince pies, mistletoe and a whole host of seasonal joy. Ruby has finished with university and is heading home for the holidays to save up for her trip around the world in January. Against her father's wishes, she takes on a stall at the local market, and sets about making it the best Christmas market stall ever. There'll be bunting and mistletoe and maybe even a bit of mulled wine. But with a new retail park just opened on their doorstep, the market is under threat. So together with all the other stallholders, Ruby devises a plan to make sure that Wynbridge is the first port of call for everyone's Christmas shopping needs. The only thing standing in her way is Ruby's ex, Steve. It's pretty hard

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to concentrate on saving the world when he works on the stall opposite, especially when she realises that her feelings for him are still there... This Christmas make time for some winter sparkle – and see who might be under the mistletoe this year...

Hoping to lose those extra pounds in order to arrange a face-to-face meeting with the British hunk she met online and to win a big cash prize to pay for the slinky new clothes she yearns to wear, Kat Larson signs up to become a contestant on the new reality show, From Fat to Fabulous. A first novel. Original.

Does the hustle and bustle of modern living overwhelm you at times? Are you looking for a way to feel a sense of calm and ease in your own home? If you typically find yourself feeling stressed about how busy the world is today and are looking for a way to slow things down a bit in order to find more enjoyment out of life on a daily basis, then this book is definitely for you! Grab this book, *Hygge: An Introduction to the Danish Art of Cozy Living* to start learning the secrets of how you can start to live a life that is primarily filled with joy, pleasure, and a sense of safety. After reading about what the hygge lifestyle can offer you, you'll have a much better understanding of why this type of lifestyle has become so trendy and popular in recent years. Imagine a world where you feel stress-free whenever you're at home or in the presence of people about whom you truly care. When you're able to design a life of comfort, you're going to find that happiness is going to flow into your life at a faster pace than you've ever imagined possible. If happiness is what you truly value over all other material possessions, then

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it is essential that you start to integrate hygge principles into your life, sooner rather than later. Once you've surrounded yourself with comfort and pleasure, your world will be primed and ready for the happiness that will inevitably come with this pursuit. It's that simple. This book is going to provide you with the following information regarding the hygge lifestyle: What hygge is and how it originated Home decorating techniques that you can use in conjunction with hygge ideals How to enhance your relationships through hygge Tips on how activities that will promote a greater sense of calm in your life Why hygge is important for your mental health and clarity And so much more! With your happiness on the line, it's important that you read *Hygge: An Introduction to the Danish Art of Cozy Living* right away! Bring the sparkle and fizz back into your life with the help of *The Gin O'Clock Club* Lottie is always in a hurry, rushing through her days ticking tasks off her to-do lists. Teddy is worried about his granddaughter - and he knows that his late wife, Lily, would have known exactly what to say to make things better. Now that Lily has gone, it's up to Teddy to talk some sense into Lottie. With the help of Arjun, Geoffrey and Howard, the elderly reprobates who make up his Gin O'Clock Club, Teddy makes a plan to help Lottie find her way back to the things that really matter - family, friendship and love. But as Lottie balances a high-powered job with her reluctant attendance at whist drives, ballroom dances and bingo, Teddy wonders if she's really ready to open up her heart to the possibility of true happiness... Laugh, cry and fall in love with this colourful cast of characters in *THE* feel-good novel of the year Rosie Blake is Brilliantly fun - Heat Just brilliant - Fabulous magazine Hilarious - Hello

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"We need to understand and harness the impact our homes have on our happiness . . . What makes a home a happy one? I think Dwell, Gather, Be is part of the answer." -Meik Wiking, Author of The Little Book of Hygge: The Danish Way to Live Well and CEO of the Happiness Research Institute in Copenhagen In a world where perfectly designed homes are encountered at every turn, Dwell, Gather, Be goes deeper, exploring how thoughtful, intentional home design can cultivate meaningful moments in your life. Learn to elevate, celebrate, and value the time you spend with the people you hold dear in the space that is uniquely yours. Dwell, Gather, Be shares inspiration and advice to:

- Design a home to reflect, complement, and enhance your lifestyle
- Create a welcoming environment for family and friends
- Cultivate special moments through timeless design
- Elevate and celebrate a rich, satisfying life

Cosy up in front of a fire and discover Christmas the Norwegian way...full of romance, cosy traditions and hygge! If you've always wanted to live a simpler, cozier life but find yourself swamped in tiny details then keep reading... Are you sick and tired of living in a hectic, stressful environment, both at home and at work? Have you tried endless other solutions but nothing seems to work for more than a few weeks? Do you finally want to say goodbye to clutter and discover something which works for you? If so, then you've come to the right place. You see, living a comfortable and cozy lifestyle doesn't have to be difficult- even if you've tried every organizational system in the stores, and every relaxation technique on Pinterest! In fact, it's easier than you think. For years, satisfaction and contentedness amongst Danish hygge practitioners have demonstrated that a simple, cozy life can be beneficial in lowering stress. Popular publications such as Elle UK have stated hygge may be a contributing factor in why Denmark has one of the happiest working populations in

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the world. Hygge is an easy-to-incorporate outlook on life, which means you can get the lifestyle you want without having to make huge changes to anything in your life! Here's just a tiny fraction of what you'll discover: *How to create a Hygge Home *Why allowing clutter in your home, office, and mind is hurting your progress-And what to do instead *How to gain time and energy without doing anything drastic- make your time your own! *Ways your hectic lifestyle can sabotage a hygge lifestyle *How to save time, money, and stress with just a few simple changes in your routine *Suggestions used by hygge practitioners all over the world which help you start your day in a peaceful and prepared way- no more showing up at the office already stressed before the day begins! *The biggest mistakes people make in creating a sense of coziness (hint: it has to do with the price tag!) *Small steps you can incorporate into your everyday patterns to help you on your hygge journey...and much, much more! Take a second to imagine how you'll feel once you are relaxing in your hygge home, surrounded by peace and comfort. Think of how your family and friends will react to your renewed energy and interest in well-being. So even if you're stressed to the max with home, work, friends, family, and more, you can learn to live a cozy life with hygge. And if you have a burning desire to relax, get rid of clutter, and live a comfortable meaning and purpose, then scroll up and click "add to cart."

Sail away to beautiful Croatia for summer sun, sparkling turquoise seas and a will-they-won't-they romance you won't be able to put down!

Hygge (loosely translated as "coziness") is centered around the idea of inviting comforting elements into day-to-day routines while creating warmth, community, and intimacy. The hygge life does more than just explain this philosophy, it teaches you how to apply hygge to all aspects of life throughout the year, from elevating your morning with

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perfectly brewed coffee to impromptu gatherings with family and friends to making an oasis at home, by offering ideas for decorating and self-care.

The most delicious approach to hygge—50 recipes to satisfy and savor, from Almond Custard Pancakes to Greens with Parmesan and Nutmeg Good food makes everyone feel warm and cared for, which is the very essence of hygge. This Danish way of life has been embraced by Americans who want that same sense of cozy. In *Tasting Hygge*, acclaimed food photographer and cookbook author Leela Cyd shares the recipes that make her happy, for cultivating moments of connection in the dining room, at the coffee table, or over a little bedside tray. Keeping in mind the idea of slowing down and enjoying the moment, Cyd shares more than 50 recipes that elevate everyday meals into very special moments. She organizes the book into five sensory experiences (Calm, Bright, Warm, Spiced, and Smooth) with recipes such as: Apple Anise Glogg Roasted Squash and Sage Grilled Cheese Greens Gratin with Parmesan and Nutmeg Fairy Bowl with Ice Cream and Honey Sponge Cake These are dishes to delight and love, each one accompanied by a gorgeous photograph.

Bring Hygge into your home with this beautiful and essential guide to the globally celebrated Danish art of happiness 'At these times it is crucial for me to have hygge. Hygge time with family and friends, hygge moments with myself and a hyggelig home. It's small moments that money cannot buy you, finding the magic in the ordinary.' _____ Whether it's listening to the rain with a cup of tea, or going on a long walk with a loved one, hygge can be harnessed all around us. We all know the feeling of hygge instinctively, but few of us ever manage to capture it for more than a moment. Now Danish actress and hygge aficionado Marie Tourell Søderberg has travelled the length and breadth of her home country to

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create the perfect guide to cooking, decorating and enjoying yourself, inspired the hygge way. Full of beautiful photographs and simple, practical steps and ideas to make your home comforting and content, this book is the easy way to introduce hygge into your life. 'Pretty, homey and intimate, scattered with reflections from ordinary Danes' GUARDIAN

It's a beautiful day in 1994 and the turn-out in the school playground is fantastic. Isobel is eight years old and marrying Andrew Parker, the boy of her dreams. Life is perfect. Then the ceremony is over, and a week later so is the marriage. Twenty years on and Isobel is dressed as a prawn handing out promotional fliers outside an L.A. fish market. Her career is going nowhere and her love life leaves a lot to be desired. Nothing Isobel hoped for has gone to plan. Then, she catches sight of Andrew, her first husband, in the background of a TV news item and wonders: if she can track down Andrew, will she recapture the happiness that she felt all those years ago? Isobel travels the globe to find her first husband, via Cornwall, Devon and a remote Malaysian island, but is he really what she is looking for?

Hygge (pronounced "hoo-gah") is a Danish word that describes the feeling of being cozy, comfortable, and at peace with the world. It's almost impossible to translate to English, and it's probably the reason that Denmark is one of the happiest countries in the world. According to the London Evening Standard, hygge takes us beyond mindful meditation and adult coloring books and introduces us to a comfortable, warm, relaxing lifestyle exemplified by those in Denmark. The Joy of Hygge is packed with recipes to warm you on a winter's evening, craft ideas for decorating your home, and inspirational suggestions for enjoying the magic of everyday pleasures. Learn how to make your life more hyggelig by:

- Creating a snuggly pair of hand-knitted socks
- Filling your house with more light and nature displays
- Building a cozy

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campfire for friends and family •Taking advantage of picnics, bike rides, and woodland walks •Appreciating the natural wonders that surround us every day •And more!

Remember—a little hygge brings a lot of happiness.

Escape to the cosiest little lodge in Iceland for love, log fires and the Northern Lights...

Nicola Brown doesn't like to lose control. Her home is always meticulously tidy and her weekly meals carefully planned; Nicola keeps her life in order. When her carefree colleague Caroline challenges Nicola to find a date for Valentine's Day, it's a surprise to them both when Nicola agrees. As Nicola's search for a man begins, she is thrown in at the deep end--sometimes quite literally--of the dating scene. From men more likely to sell their mother than open their wallet, to those who are determined to find a girlfriend who shares their passion for extreme sports, Nicola has to run the full gamut of dodgy dates. But as the deadline looms closer, Nicola realizes it isn't so bad to lose control. It turns out that trying to get a love life can be rather a lot of fun.

The Danes have hygge. The Swedes have lagom. Now, Laura Weir, a beloved lifestyle journalist and editor-in-chief of London Evening Standard's weekly ES magazine, introduces American readers to the Brits' best-kept secret—coziness—an indulgent, luxurious, yet unfussy way of creating comfort and joy. Cosy is “the slacker’s guide to staying at home, an antidote to peak frazzle.” With trademark Anglo cheekiness, Laura Weir perfectly captures the British essence of cosy. She celebrates socks, warms to the joys of toasty open fires, and extols the virtues of a quiet walk, ultimately enticing us all to create the British magic of cosy in our everyday lives. With more than 140 whimsical illustrations and interviews with British lifestyle experts, including Melissa Hemsley, Sophie Dahl, and Dolly Alderton, Cosy is a perfect reminder to slow down, have a cuppa, and settle in when life pushes you into

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overdrive.

HYGGE Do You Want to Know What Makes Denmark The Happiest Country in The World? Click Add To Cart And Discover Everything You Can About Hygge. The great thing about Hygge is that it is something that you can enjoy all year long. It is a feeling of being grateful and just happy for what you have in life, being able to spend time with the ones you love, and being able to find an escape from the world no matter what is going on. This book is going to really explain Hygge in more detail and can it can help you gain this happiness in your own life. WHAT IS HYGGE? HYGGE PRINCIPLES AND LIFESTYLE HYGGE AT HOME HYGGE AT WORK HYGGE AND RELATIONSHIPS HYGGE FAMILY HYGGE ON HOLIDAY HYGGE CLOTHES HYGGE RECIPES HYGGE 29 CHALLENGE Don't miss out on this new guide to Hygge. All you need to do is scroll up and click on the buy now button to learn all about it!

Home for the Soul is about creating a considerate and sustainable home that sparks happiness and reflects the spirits, passions and tastes of its inhabitants.

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